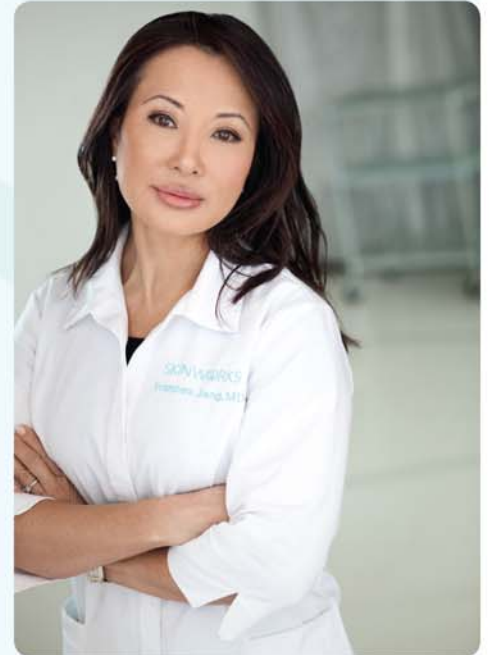


Nourish & Beautify Locally

With so many skincare products promising anti-aging effects, it's hard to know what to trust. Instead we focused on *who* to trust and asked **SkinWorks expert dermatologist, Dr. Frances Jang**, how a nutritive/cosmetic combo can help both preventatively and post-operatively and why SkinWorks places their faith in GliSODin Skin Nutrients.



Dr. Frances Jang, MD, FRCPC, Dermatologist

1. What is a nutricosmetic?

- Simply put, they are a fusion of nutrition and cosmetic care that support the structure and function of the skin. Taken orally, they are designed to improve skin health and appearance. Nutricosmetics often are described as "supplements," but unlike supplements, they are not intended to supplement deficiencies in the body; rather, they are designed to have highly targeted benefits to the skin, improving its health and appearance. GSN was designed to help treat acne and even out the skin tone, and others to help hydrate the skin, targeting fine lines and wrinkles; and, they can be formulated to complement aesthetic treatments. ”

2. What are the benefits of taking a nutricosmetic?

- By treating the skin from the inside out, you are supporting the structure and function of the skin which will improve overall skin health and the aging process of the skin in general. Aging is an internal process and we need to treat the root of the problem, especially inflammation. By controlling inflammation in the body, premature aging can be reduced and influence many skin conditions such as pigmentation, acne, wrinkles, collagen and elastin production. ”

3. What is GliSODin Skin Nutrients (GSN)?

- GSN is the first professional Nutricosmetic line sold in Dermatologist and Surgeon offices. Each product has been specifically designed for skin or body benefits and to compliment aesthetic procedures. Each product contains our star ingredient GliSODin, anti-oxidant enzyme from a melon that upregulates your own antioxidant system to fight free radicals that cause cellular damage and aging. Combined with other nutraceuticals, each product has therapeutic doses for best results. It is 100% natural and GMO-free and approved by Health Canada. ”

4. How does it fit into your practice and what results have you seen?

- I am excited by the potential benefits of Glisodin formulations, particularly for problematic hyperpigmentation patients as many of them do not achieve complete resolution of their pigment despite combination treatments including creams, lasers and/or peels. We have seen Glisodin, taken by mouth and thereby enhancing a person's internal SPF, improve outcomes for this group in as short as 2 months. Additionally, upregulating superoxide dismutase by taking oral Glisodin is promising to combat excessive oxidative stress responsible for aging, so I recommend it for patients interested in a more holistic approach. ”



No matter your skin type or procedure plans, the GliSODin line has a targeted product for you. If the decision process still seems daunting, we suggest starting where we did: with a visit to Dr. Jang at SkinWorks, Vancouver's premium westside facility.

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